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| **Summary of Combined Risk Factors** | Description: Percentage of respondents with 0, 1-2, or 3-5 of the following risk factors |
| Instrument question: Current daily smoking Less than five servings of fruit and/or vegetables per day Not meeting WHO recommendations on physical activity for health (<150 minutes of moderate activity per week, or equivalent) Overweight or obese (BMI ≥ 25 kg/m2) Raised BP (SBP ≥ 140 and/or DBP ≥ 90 mmHg or currently on medication for raised BP). |

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| **Summary of Combined Risk Factors** | | | | | | | |
| **Male** | | | | | | | |
| Age Categories (Years) | n | % with 0 risk factors | 95% CI | % with 1-2 risk factors | 95% CI | % with 3-5 risk factors | 95% CI |
| 18-44 | 711 | 0.7 | 0.1 - 3.9 | 69.8 | 62.1 - 76.5 | 29.5 | 22.9 - 37.1 |
| 45-69 | 732 | 4.2 | 0.7 - 21.7 | 48.1 | 34.3 - 62.2 | 47.8 | 34.5 - 61.4 |
| **Total** | **1443** | **2.3** | **0.5 - 9.7** | **60.2** | **52.7 - 67.2** | **37.6** | **30.9 - 44.8** |
| Area |  |  |  |  |  |  |  |
| Rural | 428 | 3.7 | 0.5 - 22.3 | 59.5 | 44.6 - 72.8 | 36.8 | 24.6 - 51.0 |
| Urban | 1015 | 1.0 | 0.3 - 3.6 | 60.7 | 54.9 - 66.2 | 38.3 | 32.8 - 44.1 |

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| **Summary of Combined Risk Factors** | | | | | | | |
| **Female** | | | | | | | |
| Age Categories (Years) | n | % with 0 risk factors | 95% CI | % with 1-2 risk factors | 95% CI | % with 3-5 risk factors | 95% CI |
| 18-44 | 718 | 0.5 | 0.2 - 1.2 | 69.7 | 61.0 - 77.3 | 29.8 | 22.3 - 38.6 |
| 45-69 | 768 | 1.4 | 0.7 - 3.0 | 46.7 | 38.4 - 55.2 | 51.9 | 43.3 - 60.3 |
| **Total** | **1486** | **0.8** | **0.5 - 1.5** | **61.1** | **55.2 - 66.7** | **38.0** | **32.4 - 44.0** |
| Area |  |  |  |  |  |  |  |
| Rural | 437 | 0.4 | 0.1 - 1.2 | 62.5 | 51.9 - 71.9 | 37.1 | 27.6 - 47.7 |
| Urban | 1049 | 1.2 | 0.6 - 2.4 | 59.8 | 53.9 - 65.5 | 38.9 | 33.3 - 44.8 |

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| **Summary of Combined Risk Factors** | | | | | | | |
| **Total** | | | | | | | |
| Age Categories (Years) | n | % with 0 risk factors | 95% CI | % with 1-2 risk factors | 95% CI | % with 3-5 risk factors | 95% CI |
| 18-44 | 1429 | 0.6 | 0.2 - 1.6 | 69.8 | 64.0 - 75.0 | 29.7 | 24.5 - 35.4 |
| 45-69 | 1500 | 2.8 | 0.7 - 10.1 | 47.4 | 39.5 - 55.3 | 49.9 | 42.1 - 57.6 |
| **Total** | **2929** | **1.5** | **0.5 - 4.2** | **60.7** | **55.8 - 65.4** | **37.8** | **33.2 - 42.7** |
| Area |  |  |  |  |  |  |  |
| Rural | 865 | 1.8 | 0.3 - 9.8 | 61.2 | 52.0 - 69.7 | 37.0 | 28.8 - 46.0 |
| Urban | 2064 | 1.1 | 0.6 - 2.2 | 60.2 | 55.7 - 64.6 | 38.6 | 34.3 - 43.1 |